



Recover.
Rehabilitate.
Return to Work.
RESULTS.

SafeWorks Illinois: Engineering Healthy Companies™

The Patient Needs Help – The Employer Needs Answers – SafeWorks Illinois Provides Solutions

SafeWorks Illinois provides comprehensive occupational health services and return to work programs to create safe, drug-free businesses and industries.

Our ultimate goal is to promote wellness in the workplace.

We strive to prevent injury and diseases, and in return, control employee health care expenses.

And, we achieve results by developing *prevention programs* and providing *injury treatment* and *industrial rehabilitation* services to help the employee recover, rehabilitate and return to work.

When an employee is injured, the driving concern is how to help the patient regain their quality of life and get them back to work as quickly and safely as possible. We promptly assess the patient's injury, develop customized treatment plans and provide "Fast-Track" service to keep the employee in recovery, not waiting for their next appointment.

Our providers understand the physical demands of the job and this comes to the forefront when deciding to return an injured worker back to full duty.



“On July 11, 2006, I was injured by a hot water tube rupture with water over 400°. I was burned on 87% of my body.

In March 2007, I returned to light duty work.

I received unbelievable care from SafeWorks Illinois. Dr. Fletcher came to see me while in the hospital and for the three to four weeks after the hospital, he made house calls before I could go to SafeWorks for treatment. I am still in therapy and everyday I feel like I am improving. Everyday I see progress, which helps me to know that I am going to get better. The genuine care and concern I received from SafeWorks has restored my faith in physicians.

I was in a situation I didn't want to be in – SafeWorks made it easier.”

Keith Purcell

Returned to work, March 2007

What We Do

At SafeWorks Illinois, we

- > Develop programs for a safe, drug-free workplace
- > Diagnose the patient's injury and assess the physical demands of the job
- > Create an appropriate treatment plan for a safe return to work



www.safeworksillinois.com

SafeWorks Illinois Services

Prevention Programs

- > Drug Testing Services
 - Post-job Offer Testing
 - Post-accident
 - Random
 - Reasonable Suspicion
 - * Strict Adherence to NIDA/DHHS Guidelines
 - * On-site Collection
- > 24-hour Emergency Service
- > 24/7 Access to Medical Providers
- > Executive Physicals
- > Development of Drug-Free Work Policies
- > Development of Job Descriptions
 - Assessment of Job Physical Demands
- > Post-job Offer Examinations
 - Job Compatibility
- > Post-job Offer Functional Assessments
- > Return to Work/Fitness for Duty Evaluations (for work- and non-work-related injuries)
- > Periodic Examinations
 - Respirator Examinations
 - Quantitative and Qualitative Testing
 - Chest X-rays
 - Pulmonary Function Testing
 - Respirator Fit Testing
 - Asbestos Examinations
 - DOT Examinations
 - HAZMAT Examinations
 - Lead & Arsenic Examinations
 - FAA Physicals (all classes)
 - Hearing Conservation Services
 - Audiometric Testing
 - Noise Dosimeter Testing
- > Workplace/Walk-through Job Analysis
- > On-site Ergonomic Assessments

- > On-site Employee Safety Training
- > Employee Wellness Programs
- > Vaccinations and Foreign Travel Vaccines

Injury Treatment

- > Immediate Treatment of Work-related Injuries
- > Return to Work/Fitness for Duty Evaluations (for work- and non-work-related injuries)
 - Disability Evaluations
- > Post-incident Job Site Analysis
- > Diagnostic Testing
- > Trauma Services
- > Blood-borne Pathogen Treatment
- > Referral to Fast-Track Service to outside specialists with ongoing case management/gate keeping
- > Psychological Adaptation (for coping with a work-related injury)

Industrial Rehabilitation

- > Work Hardening (full and half days)
- > Work Conditioning
- > Extended Duty Exercise Programs (for non-work-related injuries)
- > Functional Capacity Evaluations
- > B-200 Low Back Evaluations

Physician Services

- > Independent Medical Evaluations (IME)
- > Medical Review Officer (MRO)
- > Substance Abuse Professional Evaluations
 - Substance Abuse Professional (SAP)
- > FAA Examinations (all classes)
- > Supervisor Training
- > Case Management Services
- > Medical Legal Support
- > Utilization Review
- > Record Review

OUR MISSION:

SafeWorks Illinois is passionate about providing excellence in patient care and offering solutions for employers and organizations.

Prevention

To help employers reduce incidences of injury, SafeWorks Illinois provides solutions where they have the greatest impact – the workplace.

Knowledge is the key to injury prevention

In an on-site evaluation, our consultants can identify trouble spots and provide comprehensive ergonomic assessment, ensure OSHA compliance, and review job compatibility to correct risk factors.

We develop ergonomic programs that include medical management, proper training and job hazard analysis to help employees learn how to better protect themselves from injury.



Employee Assessment

With periodic and post-job offer physical examinations, employers can match potential and current employees' capabilities with their job descriptions and, in return, reduce workplace injuries, time away from work and the cost of workplace injuries.

- > Drug & Alcohol Testing Services
- > Post-job Offer Examinations
 - Job Compatibility
- > Post-job Offer Functional Assessments
- > Periodic Examinations
 - Respirator Examinations
 - Quantitative and Qualitative Testing
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 - FAA Physicals (all classes)
 - Hearing Conservation Services
 - Audiometric Testing
 - Noise Dosimeter Testing
- > Executive Health Programs
- > Wellness Programs



FACT The U.S. Department of Labor reported a total of 1.2 million injuries and illnesses requiring days away from work in 2005. Those injuries required a median of seven days away from work.

Industrial Rehabilitation

At the core of SafeWorks Illinois is industrial rehabilitation ... pulling together services and conditioning the employee to get them back on their feet in a quick and timely manner, while focusing on preventing re-injury.

At the SafeWorks Illinois Return to Work Center, we design work conditioning and work hardening programs to restore the injured worker's quality of life by improving flexibility, mobility, strength, endurance and tolerance of full-duty work tasks. In addition, we assist the psychological adaptation in coping with a work related injury by applying a variety of treatments to this process.

It has been well documented that the longer an injured employee remains off work following an injury, the greater the chances are that they will not return to work. Our approach to industrial rehabilitation is extremely focused and our expert staff uses cutting-edge technology that provides excellent documentation for the legal system to positively affect a safe and efficient return to work.



“The majority of workers want to get back to work as much as we, their employer, want them back. SafeWorks helps us get them back. Since working with SafeWorks, we have noticed our employees can quickly schedule appointments and we get immediate attention with fast answers to our questions. The result is our employees get back to work sooner.”

Mary Amin
Co-owner, AlphaCare



“My role at SafeWorks is extremely rewarding. I assist individuals through the mental and physical aspects of a work injury, watch their progress and I am there when they reach their goal of returning to work.”

Mark Mammen
Director of Industrial Rehabilitation

Mobile Health Services

Let us come to you.

We can bring our clinic to your workplace, keeping employees at work – saving you time and money. Our mobile health services are here to accommodate your company 24/7 – anytime ... anywhere.



SafeWorks Illinois Mobile Health Units* provide:

- > Drug & Alcohol Testing Services
- > Post-job Offer Examinations
 - Job Compatibility
- > Post-job Offer Functional Assessments
- > Periodic Examinations
 - Respirator Examinations
 - Quantitative and Qualitative Testing
 - Chest X-rays
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- > Executive Health Programs
- > Wellness Programs

*SafeWorks Mobile Health Technicians are CAOHC (Council for Accreditation in Occupational Hearing Conservation) and NIOSH (National Institute for Occupational Safety & Health) certified.



SafeWorks Mobile Unit is an efficient operation of staff, nurses and physicians. Our employees appreciate that they can use this service instead of going into a doctor's office and without the waiting. The mobile service helps our employees by catching illnesses quickly and it helps us, as an employer, by reducing our overall medical costs with early diagnosis before conditions progress. Our mines are in operation 24/7. SafeWorks accommodates our employees by visiting during each of the shifts.

Tom Austin
VP of Human Resources and Government Relations
Freeman Energy Corporation, Springfield, IL



Testing and Treatment



FACT Employees who are drug abusers cost their employers about twice as much in medical and worker compensation claims as their drug-free co-workers.

National Institute on Drug Abuse

To help facilitate health and safety, SafeWorks facilities also offer non-work-related services including immediate, walk-in service for minor injuries or illness, immunizations, school and sports physicals, and X-rays.

SafeWorks is also equipped with a Trauma Center to handle non-life-threatening injuries or illnesses, including:

- > Foreign body removal
- > Fractures and sprains
- > Lacerations
- > Burns and abrasions
- > Contusions
- > Soft tissue injuries




Mission

SafeWorks Illinois is passionate about providing excellence in patient care and offering solutions for employers and organizations. We benchmark our work by going above and beyond your expectations.

When a worker is injured, we understand both the worker and employer have questions, concerns and costs associated with the injury. We keep the lines of communication open with prompt and regular communication with injured workers, employers, physicians and insurance companies throughout all treatment phases.

And, we work when you work, providing 24-hour access to SafeWorks doctors and 'Fast-Track' services. Our Fast-Track Service promotes speedy recovery by developing a customized treatment plan that includes ancillary services and independent practitioners to ensure same-week appointments.

SafeWorks Illinois is proud to be affiliated with  St. Mary's Hospital and Provena Covenant Medical Center.

"I have served my clients for more than 22 years based on a single concept ... provide the most responsive, objective care of injured workers with excellent documentation to control workers' compensation costs."

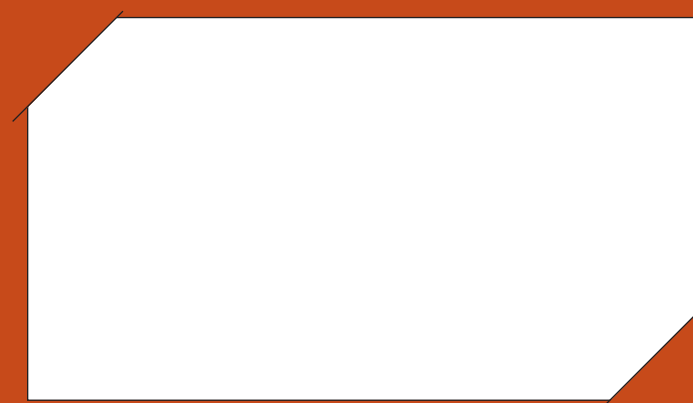


David J. Fletcher, MD, MPH, FCOEM

Founder of SafeWorks Illinois, Dr. Fletcher is a renowned occupational medicine specialist board certified in occupational and preventive medicine. Dr. Fletcher is both a Medical Review Officer and Substance Abuse Professional. He is also certified as a Federal Aviation Administration Senior Medical Examiner. As a pioneer in truck driver health issues, Dr. Fletcher led the analysis of truck driver medical certifications for the U.S. Department of Transportation in the 1990s. He now testifies as a DOT expert witness focusing on truck driver health issues and the quality of their medical certifications. Dr. Fletcher has practiced occupational medicine in downstate Illinois since 1985 and has expanded SafeWorks Illinois to serve businesses throughout Illinois and beyond.



Behind Great Results is a Great Team



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